

## Windsor Gardens Assisted Living

### Increased Visitation in Long Term Care Facilities

Tennessee Department of Health (TDH) recognizes the difficult challenges long term care facilities have faced in protecting vulnerable residents during the COVID-19 response. This document provides guidance for Tennessee Long Term Care Facilities (skilled nursing facilities, assisted living care facilities, and residential homes for the aged) when establishing steps to gradually “re-open” after closures to visitors due to COVID-19 restrictions.

**Beginning October 1, 2020**, these guidelines will remain in effect until replaced or amended with additional guidance.

- Facilities will continue to monitor for COVID-19 cases in residents and staff, through appropriate screening and testing.
- Facilities should be prepared to **discontinue** visitation and activities if the facility develops one or more new cases amongst residents or staff.

**Visitors must make arrangements** with the facility, practice proper social distancing and hand hygiene, and wear a face covering for the duration of their visit.

(Call Windsor Gardens 865-688-4840 from 9am to 4pm Monday Thru Friday, and ask for Ann, she will schedule a time for visit)

#### Visitation Opportunities Allowed After 14 Days of no new COVID-19 cases

Other than in a dedicated wing or unit that accepts COVID-19 cases from the community, facilities that have had no new COVID-19 cases (residents and/or staff) in the previous fourteen (14) days may permit outdoor and limited indoor visitation.

## Windsor Gardens Assisted Living

### **Outdoor Visitation in the Booth (Weather permitting)**

Outdoor visits on the facility grounds may be conducted as allowed by the following:

- Safe and appropriate outdoor space has been identified on the facility's campus to provide for seating spaced at least six (6) feet apart.
- Program area is only used when weather permits.
- Visits are scheduled in advance;
- Last no more than forty-five (45) minutes.
- Prior to visitation, requirements are acknowledged and agreed upon by the visitors.
- Outdoor visits are limited to not more than two (2) persons (not including the resident) and no children under the age of eighteen (18).
- Visitors are screened before entry into the outdoor visitation area including temperature checks and hand sanitization.
- Residents and visitors wear a face covering and maintain physical distancing.
- Facility establishes sufficient space between individual group seating arrangements, so six (6) feet of physical distancing can be maintained between the groups.
- Capacity should be based on physical space and ability to staff the area.
- Seating accommodations are sanitized by staff between uses. Staff should remain in sight of the visiting group, in order to encourage safety precautions are followed.
- Visitors unable to pass the screening or comply with infection control practices should be prohibited from visiting.
- Visitors should be asked to self-monitor for symptoms of COVID-19 for fourteen (14) days and immediately report any symptoms or positive COVID-19 test to the local health department and the facility.

## Windsor Gardens Assisted Living

### **Limited Indoor Visitation (If weather not permitting)**

- **Indoor visitation** should be limited to designated common spaces that allow for appropriate social distancing and cleaning/disinfection between visitors. Visits in designated indoor spaces should include:
- Safe and appropriate indoor space has been identified in the facility to provide for seating spaced at least six (6) feet apart.
- Visits are scheduled in advance
- Last no more than forty-five (45) minutes.
- Prior to visitation, requirements should be acknowledged and agreed upon by the visitors.
- Indoor visits should be limited to not more than two (2) persons (not including the resident) and no children under the age of eighteen (18).
- Visitors should be screened before entry into the designated indoor area including temperature checks and proper hand sanitization.
- Residents and visitors should always wear a face covering and maintain physical distancing during the visit.
- Facility should establish sufficient space between individual group seating arrangements, so six (6) feet of physical distancing can be maintained between the groups. Capacity is based on physical space and ability to staff the area.
- Seating accommodations should be sanitized by staff between uses. Indoor visitation rooms must follow all applicable life safety guidance.
- Visitors unable to pass the screening or comply with infection control practices should be prohibited from visiting.
- Visitors should be asked to self-monitor for symptoms of COVID-19 for fourteen (14) days and immediately report any symptoms or positive COVID-19 test to the local health department and the facility.

## Windsor Gardens Assisted Living

### Group Activities

- Small group activities may occur with at least six (6) feet of distancing, proper hand hygiene, and face coverings.
- A limited number of individuals in a common area at one time, not to exceed fifty percent (50%) of capacity, no more than ten (10) people.
- Facilities should restrict activities that encourage multiple residents to handle the same object(s) (e.g., ball toss)

## Windsor Gardens Assisted Living

### **Resident room's visitation**

- Should only be used for visitation as an accommodation for residents who cannot access the designated common area for indoor visitation.
- Indoor visitation is allowed in a resident's room when:
  - Resident is unable to leave the room AND
  - Visitor has had negative PCR test collected within previous 72 hours

### **Visitation Opportunities Always Allowed**

#### **The following visits are always allowed**

- Accommodations or support for residents with disabilities.
- Critical assistance.
- Compassionate care/end-of-life situations; or
- Involvement in a religious exercise.

Visitors must make arrangements with the facility, practice proper social distancing and hand hygiene, and wear a face covering for the duration of their visit.